

ENRICHMENT ~ ENHANCEMENT ~ ENLIGHTENMENT

Telephone 247-1926

JULY 2016

281 County Road Barrington, RI 02806

Center Hours 9:00 AM - 4:00 PM Monday - Friday



CENTER CLOSED

MONDAY, JULY 4TH for INDEPENDENCE DAY



PLEASE NOTE

The Senior Strength exercise sessions will not take place on Tuesday, July 5th. The program will resume its regular schedule on Thursday, July 7th.

SENIOR CENTER STAFF

Michele Geremia

Director

Mira Meyer-Oertel

Senior Services Coordinator

Ed Carusi

Outreach Services

Susan Duarte

Clerical

Rod Maturi

Kitchen Supervisor

Shirley Slusarski

Kitchen Staff

Larry Daglieri Anthony Mederos

Transportation

Mona L. Kozel Activity Club

ART IN BARRINGTON

The 2nd Annual Barrington Arts Festival took place on Sunday, June 12th, and was a very successful event. More than forty artists exhibited their work and visitors enjoyed the beautiful art as well as excellent musical performances.

The 2017 Senior Center Art Calendar, which each month highlights art work created by seniors enrolled in the course "*The Artist in You*," is available for purchase at the Center. The art work is really wonderful and a great tribute to the seniors and their instructor, Taylor Terreri. Cost \$5.00.

COMPUTER BASICS

Thursdays, July 7, 14, and 21 10:00 am to 11:30 am

Ben Hanley, Digital Services/Reference Librarian at Barrington Public Library, will be teaching Computer Basics on Thursdays. Learn how to use a computer, internet and search engines, and email as well as tips on internet safety. Registration is required and space is limited to six people. Please register at the Library Reference Desk, or call 401-247-1920, ext. 2.

FLOWERS FOR EVERYONE

Friday, July 1st at 1:00 pm—Cost 16.00 "LONG LIVE THE LADYBUG!"

Have you ever wondered why the ladybug is considered a symbol of good luck? We will learn this and much more in a special tribute to this popular member of the beetle family. We will begin by viewing an incredible collection of ladybug novelty items. Following this, all participants will try their hand at designing a floral arrangement featuring this favorite insect. A ladybug egg hunt rounds out a fun-filled class. You won't want to miss this! Please call to register.

Friday, July 29th at 10::00 am

Cost: \$3.00

Doug Botelho, a favorite, will again be the featured entertainer at this year's picnic in Colt State Park. A delicious outdoor menu of grilled chicken, hot dogs, corn on the cob, tomato and cucumber salad will be served with watermelon as dessert.

Please buy your tickets <u>no later than Monday, July 25th</u> at the Center and let the front desk know if you need a ride with the Center van. Do not miss this fun event!

DISCUSSION AT THE CENTER

With so much happening in the world – at home and abroad - the need for conversation with others has spawned two discussion groups which will meet on alternate Tuesdays as follows:

Tuesdays, July 5th and 19th at 10:00 am

"Meeting of the Minds" is a forum for a free-ranging exchange of ideas about issues both drawn from contemporary news and of general ongoing interest, as suggested by participants and the moderator. No required reading, preparation or expert knowledge about any topic is necessary—just bring your open mind and a willingness to listen to and entertain the ideas of others.

Tuesdays, 12th and 26th at 10:00 am

"Hot Topics" is intended to be an open, lively discussion of issues and events currently in the news.

All are welcome!

WELLNESS

Thursday, July 14th at 10:45 am

Ian Buffum, the Rite Aid Pharmacy's Wellness Ambassador, will be at the Center to answer your questions and bring information about issues of general health, prescription awareness and vaccinations. Ian's presentation is special - he brings his violin and plays to entertain you while he is available to address vital health questions. Come and take advantage of this opportunity!

BENEFIT REP

Every Tuesday at 1:00 pm

Please note that going forward Janet Holmes will be at the Center on Tuesday afternoons. Janet is a state-certified SHIP counselor and is available to provide assistance to anyone entering or already within the Medicare system. Please call the Center at 247-1926 to make an appointment.

NOTARY PUBLIC

Tuesday to Friday from 9:00 am - 12:30 pm

A notary public is now available at the Senior Center. Please feel free to bring any documents that need to be notarized and avail yourself of this service.

ACTIVITY CLUB TRIPS AND ACTIVITIES

Please note: It is important to sign up early for all trips as a sufficient number of people is needed.

Wednesday, July 20, 2016 - LOBSTER FEST with Janice Dee and the "Shakin' All Over" Band.

You will travel to the fabulous Log Cabin for a delicious luncheon featuring an Hors D'oeuvre Welcome Tray, a complimentary Glass of Wine and New England Boiled Lobster, Barbecued Ribs and Chicken with Corn, Baked Potato and a Strawberry Ice Cream Sundae for dessert. Then put on your "Blue Suede Shoes" - this band will have you dancing in the aisles! *Shakin' All Over* presents the legendary dance songs of the '50ties and '60ties and its song list includes selections from country, rock'n roll, blues, R & B and Great American standards. Depart at 9:00 am from the rear of Barrington Town Hall and return about 5:30 pm.

Cost: \$84.00. Continued on last page.

\$7.00 per year membership for people 55+ (September to September) Please note: It is important to sign up early for all trips as a sufficient number of people is needed.

Monday, August 15, 2016 - "SUMMER SOCIAL" at the Wharf Tavern at 12:00 noon

Come join your friends for a delicious luncheon, featuring a salad and your choice of Lobster Salad Roll, Chicken Parmesan with Pasta or a Shaved Prime Rib Sandwich, ending with Strawberry Shortcake and Coffee. Entertainment will be by Barbara Slater, presenting her vocal interpretations of songs from the Great American Songbook. You will hear a captivating sense of warmth and fun in the smoky smooth sound of her voice. This promises to be a wonderful time! Transportation will be available.

Cost: \$12:00 (incl. gratuity)

Monday, August 22, 2016 - FOXWOODS and BINGO

This is a day of games and fun beginning with Bingo at 10:00 am! Each trip participant will receive a gaming package worth \$20.00 towards food and gaming. Depart at 8:00am from the rear of Barrington Town Hall.

Wednesday, September 14, 2016 - CATHEDRAL OF THE PINES and OLD MILL RESTAURANT AND SMITH'S CHEESE SHOP

Travel to New Hampshire and the Cathedral of the Pines, a National Memorial dedicated to the memory and honor of all who have served the nation. Here you will stroll the breathtaking grounds and explore the extraordinary sanctuary grounds. Then you'll travel over back roads to The Old Mill Restaurant in Westminster, Massachusetts, where you will enjoy a delicious, full course luncheon. After your scrumptious luncheon of Yankee Pot Roast, Baked Stuffed Chicken or Baked Stuffed Filet of Sole, you will visit Smith's Cheese Shop in Winchendon, Massachusetts, to experience the place where award-winning cheeses are produced and sold. Depart at 8:00 am from the rear of Barrington Town Hall and return about 5:30 pm after a relaxing day of great food and enjoying nature's creations.

Cost: \$75.00. Final payment due August 31st.

TOWN OF BARRINGTON

Senior Center 281 County Road Barrington, Rhode Island 02806 Presorted
STD
U.S. POSTAGE
PAID
Barrington, R.I.